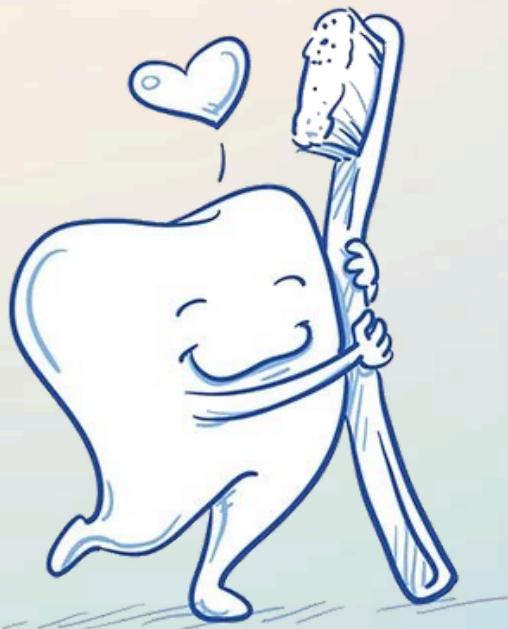




# FROM STUDENTS TO STUDENTS

U S D M  
S T U D E N T ' S  
C O U N C I L  
S P O R T  
P R O J E C T S



# FROM STUDENTS' TO STUDENTS' **CONTENT**



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- EDSA (EUROPEAN DENTAL STUDENTS ASSOCIATION)
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- EVP ZAGREB
- STEPP

HEALTH - ZDRAVO SVEUČILIŠTE  
SPORT



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@szsfzg



[studentskizbor@sfzg.hr](mailto:studentskizbor@sfzg.hr)

# STUDENT'S COUNCIL SCHOOL OF DENTAL MEDICINE UNIVERSITY OF ZAGREB

The Student's Council is a student elected representative body founded at the end of 1996. It represents students in the higher education system, with the aim of protecting the interests and rights of students at the college level, but also at the national and international level, more precisely - it strives to improve the quality of student life.

The Student's Council of School of Dental Medicine, University of Zagreb, consists of 12 representatives - 10 students of integrated undergraduate and graduate studies and 2 students of postgraduate studies.

Representatives of the Student parliament of the Faculty of Dentistry are the main line of communication between faculty staff and students, and at the same time with other Student's Councils, that are a component of the biomedical field.

The task of our Student's Council is not always so serious - in addition to promoting the interests of students, the Student's Council also deals with the organization of freshmen parties and other special parties (Christmas party), organization and coordination of sports activities (*Humanijada*), organization and procurement of hoodies with the faculty logo, etc.





Gabrijel Stošić  
VICE PRESIDENT  
[gstosic@sfzg.hr](mailto:gstosic@sfzg.hr)



Lana Drenški  
PRESIDENT  
[ldrenski@sfzg.hr](mailto:ldrenski@sfzg.hr)



Iva Biloš  
ATTORNEY GENERAL  
[ibilos@sfzg.hr](mailto:ibilos@sfzg.hr)



Jelena Bagarić  
postgraduate studies



Tea Kopić  
6th year of study



Jana Islamović  
5th year of study



Krešimir Tomas  
5th year of study



Iva Crnoja  
4th year of study



Marta Adam  
postgraduate studies



Marko Žugec  
4th year of study



Nina Drlje  
3th year of study



Mia Kovač  
3th year of study



Follow us on  
our social  
media!



Udruga studenata dentalne medicine

usdmsfzg@gmail.com

About us

Students' organization USDM was founded in 2002 with its seat at the Faculty of Dentistry in Zagreb. It was founded as a non-profit organization with the aim of improving cooperation between students of dental medicine in Croatia and abroad, in the field of professional education, training and scientific work. The goal of the USDM is to gather and connect students through educational, scientific, social and sports activities and activities related to the improvement and promotion of the profession and health care of patients. Currently, USDM consists of as many as thirteen projects that are diligently managed by our students. Students of integrated undergraduate and graduate university studies in dental medicine in the Republic of Croatia are included in the activities of the USDM.

By advocating and participating in various international congresses and the continuous work of individuals to promote international cooperation and student exchange, we became a full member of the European Dental Students' Association (EDSA), which represents over 70,000 students of dental medicine throughout Europe, and within which we continuously work actively.

Executive committee

Academic year 2025/2026



Iva Biloš  
ibilos@sfzg.hr  
President

Mia Kovač  
mkovac@sfzg.hr  
Project and events  
coordinator



Mladen Kujundžić  
mkujundzic@sfzg.hr  
General Secretary



Lukas Wintschnig  
lwintschnig@sfzg.hr  
Public Relations  
Coordinator



Tea Kopić  
tkopic@sfzg.hr  
Vice-president



# PROJECTS





## STUDENTSKE SEKCIJE STOMATOLOŠKOG FAKULTETA

STUDENT SECTIONS are a dynamic, student+mentor run program that brings together dental students from all years who are eager to explore specific areas of dentistry beyond the regular curriculum. Our goal is to deepen our knowledge, inspire one another in learning and research, and, just as importantly, to meet new people, connect, and have fun. The program is made up of **NINE** specialized sections: *Basic Sciences, Orthodontics, Pediatric Dentistry, Oral Medicine, Oral Surgery, Periodontology, Removable and Fixed Prosthodontics, Restorative Dentistry & Endodontics and Dental Traumatology*. Each section hosts regular meetings, seminars, and hands-on workshops throughout the academic year. Members also take a leading role in our flagship event: “The Student Dental Medicine Symposium”; a two-day professional gathering that welcomes around 200 dental students from across Croatia and the wider region. Founded in 2015/16, the Student Sections have already organized eight successful symposia, earning a Rector’s Award for their achievements. They’re also active in other major faculty initiatives such as Oral Cancer Week and the beloved Tooth Fairy Project. If you want your student years to be more than just lectures and exams, the Student Sections are your next step. *Join one or several and discover a place where we learn, create, and enjoy the journey together!*

## SECTIONS



**Leaders of the project:**  
Palma Brnjak, 5th year, [pbrnjak@sfzg.hr](mailto:pbrnjak@sfzg.hr)  
Domagoj Ljić, 5th year, [dlijic@sfzg.hr](mailto:dlijic@sfzg.hr)



[@ssdmzg](https://www.instagram.com/ssdmzg)

# ORAL CANCER WEEK



The "Oral Cancer Week" project began as the "First Student Congress: The Story of Oral Cancer – Learn and Recognize" back in April 2021, and it successfully continued three more times in the following years. In addition to educational lectures at the Congress itself, a crucial part of this project is the organization of preventive examinations for citizens at the Faculty of Dental Medicine. During "World Oral Cancer Awareness Week," student volunteers invite citizens for a free, painless, one-minute preventive examination aimed at the early detection of potentially malignant changes in the oral mucosa.

The project aims to enhance knowledge about oral cancer among biomedical students and raise public awareness about the importance of punctual diagnosis of this malignant disease, given that oral cancer is most often discovered at an advanced stage and claims many lives.

As dental students and future doctors of dental medicine, we are among the first in everyday practice to have the opportunity to recognize oral cancer in its early stages and begin treatment on time. Therefore, it is extremely important that during our studies, we develop the best possible knowledge and skills for successfully identifying and treating oral cancer. The "Oral Cancer Week" project provides all these opportunities.

The project was awarded the Rector's Award and a special Dean's Award in the academic year 2020/21.

## Project coordinator:

Lovro Dumančić, 5th year student  
[ldumancic@sfzg.Hr](mailto:ldumancic@sfzg.Hr)





## JAVNOZDRAVSTVENI ODBOR

The Public Health Committee is a project founded in 2015 that primarily deals with all leading public health problems in the field of general and dental health. We mainly act through public events and social networks with the aim of raising awareness of the importance of oral and general health. The main manifestation of the project is the celebration of World Oral Health Day, which takes place every year on March 20.

### Project coordinator

Marija Sabljo, 6th year student  
msabljo@sfzg.hr



@javnozdravstveniodbor



# PROJECT ZUBIĆ

Zubić is a preventive project of the Association of Dental Medicine Students that was founded in 2015 under the leadership of professor Hrvoje Jurić from the Children's Department.

The project goal is to raise awareness and importance of oral health and oral hygiene from childhood. The project works through workshops in schools and kindergartens. Students are trying to teach kids proper oral hygiene in a fun but educational way using models, presentations, short films, and application „Zubic“.



## Project coordinator

Lea Klemenčić, 4th year student

[lklemencic@sfzg.hr](mailto:lklemencic@sfzg.hr)

Geronto Project is a student initiative established in November 2010, focused on supporting residents of homes for the elderly. This year we proudly celebrate our 15th anniversary! The project's main goal is to improve health care for older adults and to raise awareness of the importance of oral health in overall quality of life. We operate under the mentorship of our outstanding supervisors, Prof. Amir Ćatić, PhD, and Assoc. Prof. Larisa Musić, PhD.

## What do we actually do?

Before visiting nursing homes—usually at the start of the year—we hold a short training session on oral cavity examinations. The workshop at each home includes a brief lecture and an oral check-up, during which we aim to show residents the issues they may be facing and what needs to be addressed to make their daily lives easier. The project also provides information on denture care and on residents' rights within the Croatian Health Insurance Fund (HZZO).

In addition, to mark World Oral Health Day we organize an Open Day for the Geronto Project, which combines volunteer and scientific activities. We also love to travel—check out our social media! Join the team and share unforgettable moments with us. After all, even adults need their own Tooth Fairy!

### Project coordinator

Marija Pavić,  
6<sup>th</sup> year student  
mpavic2@sfgz.hr



# Sonda

Project coordinator:

Matea Blažević, 5th year student

mblazevi1@sfzg.hr

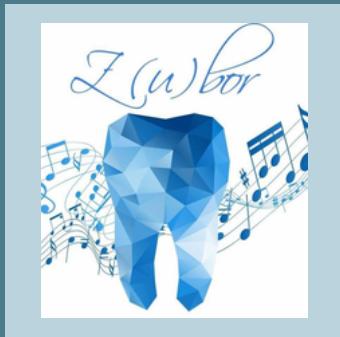
Sonda is a student professional magazine of the Faculty of Dentistry that is published twice a year. It was published for the first time in 1999 under the name Stomatološka

Sonda (the Croatian expression for dental probe), and under the leadership of the student at the time, and today's assistant professor. Ph.D. Davor Illeš. Over the years, the magazine has become one of the most recognizable and long-lasting projects of our faculty. The magazine publishes professional papers, teaching texts, and current news related to the academic life of teachers and students. The authors of all papers are students of the Faculty of Dentistry in cooperation with teachers, and numerous external collaborators whose number grows with each new issue of Sonda.



Up to this date, 45 issues of Sonda have been published. The editorial staff consists of students who completely create each of the magazine numbers. Since dentistry as a science advances every day, Sonda tries to keep up with all the latest knowledge from the profession, and because of this, it has become indispensable literature for students to study and pass their exams more easily. The continuous growth and high-quality work of Sonda is also indicated by the fact that the readers are also doctors of dental medicine, and Sonda can increasingly be found in the dental offices of our neighbour's state. For its operation, Sonda was twice awarded with the Rector's Award. First time was back in 2011, and the second time was for the last academic year, 2022/2023 for the realization of the project Digitalization of the student magazine Sonda.





Z(u)bor is the first choir of the School of Dental Medicine in Zagreb established in 2015. The chorister is maestro Josip degl'Ivellio. The choir appears on many events – graduation day, Faculty day, dental congresses and events hosted by the School of Dental Medicine and the University of Zagreb. Members were the winners of the Rector's award in 2018. Z(u)bor promotes synergy between science and art.

Project coordinator  
Julia Jaćimović, 6th year student  
[jjacimovic@sfzg.hr](mailto:jjacimovic@sfzg.hr)



# Dentakl

Dentakl is an event by the students of the Faculty of Dental Medicine that combines dentistry and art, with the first Dentakl being held in 2014. Seemingly incompatible terms intertwine on stage through around 15 acts in which performers display their talents, innovation and free spirit. Through a colorful program, we try to inspire the audience to see "ordinary people" beyond the white coat. The organization of Dentakl is a complex process in which many of the students' skills come to light, and its significance was noticed and recognized by the Rector's Award received in 2014.

In the academic year 2023/2024, Dentakl takes on a humanitarian character, with the collected funds being donated to a pre-selected

## Project coordinator

Antonija Karađole, 4th year student

akaradole@sfzg.hr



The European Dental Students' Association (EDSA) is an international organization of dental students founded in 1988, which counts more than 70,000 members from 35 European countries.

The goal of the Association is to motivate students of dental medicine to cooperate and preserve common interests. By participating in various projects of the Association, students are able to gather information about the different educational systems of the member countries and meet colleagues with similar interests from all over Europe. By exchanging experiences and advice, students participate in the process of improving and harmonizing both curricular and extracurricular activities.



**2025/26 Board of Directors & Officers**

|  |  |  |
|--|--|--|
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One of the most important EDSA Projects are its' Mobility Projects: European Visiting Program (EVP), Summer and Winter Camps. Their goal is to connect students and enable them to visit another university in Europe for a few days. During their stay, students have the chance to participate in lectures and workshops, develop their skills and acquire new knowledge in the field of dental medicine. In addition to the academic part, the program includes organized cultural and social activities.

**EDSA magazine** is published twice a year in both physical and digital form. In the journal, students have a chance to present clinical cases, write professional articles and articles about their own experiences.

By organizing competitions such as the EDSA Lecture competition and the FDI-ERO Scientific Reward, students are encouraged to engage in scientific work and research.

EDSA regularly informs students and the general public about events and days important for the preservation of oral health via social media. In this way EDSA promotes public health actions that are key to the field of dental medicine.

During the year, there are two **EDSA meetings**; one in spring and the other during summer. All students from EDSA member countries (including Croatia) can participate in the meetings. The 69th meeting of the Association was held in April 2022 in Zagreb. Students of the School of the Dental Medicine who were a part of the organizing committee were awarded the Rector's Award for the organization of the event.

We hereby invite you to sign up to participate in one of many EDSA activities and join our great European story. We guarantee you won't regret it!



[board@edsaweb.org](mailto:board@edsaweb.org)



# EDSA

## Summer

## Camp

## Dubrovnik

EDSA Summer Camp Dubrovnik is an international project for dental medicine students, who have the opportunity to stay in Dubrovnik for a week during the summer months.

The camp is part of the mobility projects of the European Dental Students' Association (EDSA) organized by students of the School of Dental Medicine in Zagreb.

During the seven-day camp, there are many lectures and workshops organized, in which students improve their skills and knowledge in many areas of dentistry. Participants can learn from both Croatian and the world's great lecturers. There are also social and cultural facilities such as sightseeing the city, taking a city wall tour, going kayaking and visiting the island of Lokrum.

The main goal is networking and connecting among students from all over Europe, as well as gaining experience and improving communication skills. Since the camp is held during the summer, participants can exchange ideas, experiences and reflections enjoying the pleasant atmosphere. Students are revealing their fun, sociable and relaxed side, away from the stress they face during their college classes.

### Project coordinator

Božidar Šraj,  
5th year student  
[bsraj@sfzg.hr](mailto:bsraj@sfzg.hr)





EVP Zagreb (European Visiting Programme Zagreb) is one of the international mobility projects organised by European Dental Students' Association (EDSA). Participants in this project have an unique opportunity to enhance their professional skills through international collaboration, but also make great social connections.

During their stay in Zagreb, 16 students from all around the Europe get a chance to experience an exciting academic and social programme. The academic part of the programme consist of numerous lectures and workshops which allow students to improve their clinical skills and dentistry knowledge. Participants also have the opportunity to interact with peers from different countries, fostering cultural awareness and global perspectives. Free time is filled with various social activities such as karaoke, bowling, a visit to the museum, a trip to the Plitvice Lakes, a gala dinner and many others.



Project organization includes communication with participants, lecturers and workshop leaders; coordination of the social media accounts; choosing the venues for the academic part of the program, meals, social activities and accodomodation, but also socializing with all participants of the project.

**Project coordinator:** Hanna Lujic,  
4th year student  
hlujic@sfzg.hr



UDRUGA StEPP



### ABOUT THE ASSOCIATION

The STEPP Student Association was founded in 2013.

It brings together students, doctors, dentists and medical technicians. The association has 25 members and has an active alumni program.

### THE GOAL OF THE ASSOCIATION

The goal of the association is to develop, promote and raise awareness of medical knowledge and skills. The association also contributes to the creation of responsible students of medicine and related fields, future doctors, other health professionals and laypeople

### Contact us!

**facebook:** Studentska Ekipa Prve Pomoci (StEPP)

**facebook:** OŽIVI ME

**mail:** [stepp.fast@gmail.com](mailto:stepp.fast@gmail.com)





## WHO ARE WE?

Promotional and  
preventional  
program of University of  
Zagreb Student's  
Council.

Our main goal is to  
improve the health of  
students.

## WHY DO WE EXIST?

## WHAT DO WE DO?

We advocate for the  
establishment of a  
student polyclinic and  
educate students about  
health.



[fb.com/zdravo.sveuciliste](https://www.facebook.com/zdravo.sveuciliste)



@zdravo\_sveuciliste



[zdravosveucilisteszzg@gmail.com](mailto:zdravosveucilisteszzg@gmail.com)

Our school doctor  
Zorana Galić, dr. med.

even dates - 13:00-20:30  
odd dates - 7:00-14:30

zorana.galic@stampar.hr +385 (1) 4556 367  
barbara.pavelic@stampar.hr Ul. Matka Laginje 16

Office for Student Health Protection of the  
University of Zagreb (counseling center)  
Jesenka Jeličić,  
univ. mag. med. dent.

Office for students with disabilities  
uredrssj@unizg.hr

## GYNECOLOGIST APPOINTMENT

## MONDAY AND WEDNESDAY

Center for youth health,  
Heinzelova 62A

<https://terminko.hr/lokacija/czmginekolog>

THURSDAY

Counseling center for reproductive health  
of young people,  
*Mirogojska 16*

skolska@stampar.hr  
savjet-mladi@stampar.hr

## TESTING FOR SEXUALLY TRANSMITTED DISEASES

MONDAY, WEDNESDAY, FRIDAY

Checkpoint centar,  
*Domagojeva 10*

THURSDAY

Centar za zdravlje mladih,  
*Heinzelova 62*

## HPV VACCINATION

MONDAY AND WEDNESDAY

15:30-18:30  
Center for youth health,  
*Heinzelova 62A*

WEDNESDAY

16:00-20:00  
School of public health  
"Andrija Štampar",  
*Rockfellerova 4*

## MENTAL HEALTH

<https://mentalnozdravlje.zagreb.hr/>



Office for psychological support and  
protection of mental health

bozidar.niksa.tarabic@unizg.hr

## DENTAL APPOINTMENT

How good is it when you have the opportunity to have a dental examination right away at your school, right?

When we arrange all check-up dates with our senior colleagues, you will be able to find the schedule on our websites (@zdravosveuciliste, @szsfzg) - you will agree on the date and time of your appointment with the colleague whose check-up date suits you the best. You will then go up to the second floor above the lecture hall, where you will be greeted and examined by your senior colleagues!

Department of Endodontics and  
Restorative Dentistry,  
*Gundulićeva 5*



# SPORT

In addition to studying, exercises, various professional and scientific projects, our students also play sports...

For many years, in the spring, the *Humanijada* competition is held, in which participate sports teams of biomedical faculty students. Depending on the interest of the students, the sports teams of the Faculty of Dentistry change from year to year, and last academic year (2022/2023) the Faculty of Dentistry had teams in volleyball (m/w), basketball (m), handball (m), futsal (m), beach volleyball and handball, tennis and several individual sports - cross country, chess and swimming.

At the *Humanijada* held in Umag in May this year, students of School of Dental Medicine won **gold** in beach volleyball, handball, futsal, cross country and chess. Students also won **silver** in basketball, tennis, table tennis, general knowledge quiz and in women's rowing ergometer. Students won **bronze** in both women's and men's volleyball and in men's rowing ergometer.

All students interested in participating in sports activities and the University Championship can contact student, coordinator for sports.



HEAD OF SPORTS  
Petra Zovko  
pzovko@sfzg.hr  
Jakov Kačan  
jkačan@sfzg.hr

You can read everything about the University Championship on the organizer's website  
<http://unisport.unizg.hr/>

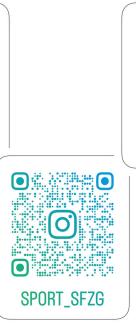




Humanijada 2023, Umag



SFZG\_BASKET



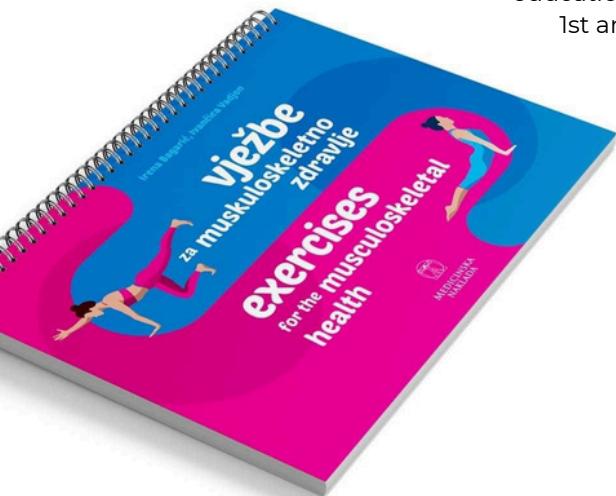
SFZG\_FUTSAL



SPORT\_SFZG

The professor of physical education and health at our faculty, Irena Bagarić, is the author of the manual Exercises for the Musculoskeletal Health, which will be of great use to you once you start working with patients, more precisely, when you start spending several hours a day on your feet and over the patient.

Irena Bagarić,  
the professor of physical  
education and health on the  
1st and 2nd year of study



"Occupational diseases are one of the most risky factors that impair health. The modern way of life offers a handful of different forms of exercise. The manual contains simple but very effective exercises that, with a little self-discipline, can be carried out every day in your own home and during a break at work."

Dear first year students,

The time spent studying will be demanding, the days filled with books and worries, but it will certainly also be a period of life that we will all fondly remember.

We hope that going through these pages you found an activity you are interested in and that you will manage to fit it into your schedule. Working on projects, performances and events is what brings students of the whole faculty together and enables us to make and preserve friendships year after year.

As students, we are all similar in a way that we learn and continuously acquire new knowledge and abilities. What unites us most at our faculty is our enthusiasm for progress, creation of a better world and the desire of usefulness to the community that we are a part of.

Choose something for yourself and start this new adventure in the best and funnest way possible :)

THE AUTHORS: Svenia Antić, Iva Biloš, Lana Drenški, Tea Kopić, Klara Križan, Ariana Pakušić,  
Lucija Rogoznica, Paula Žugec

We owe a big thanks to all project coordinators, members of the Student Parliament and professor Irena Bagarić for their help.

SEPTEMBER 2023

